

## FACT SHEET

### Wellbeing and Family

### Proactive Navy People Wellbeing Program

The Navy People Wellbeing Program (NPWP) team has been established to coordinate existing support services and develop a sustainable infrastructure to ensure easy and direct access to both services and information through a holistic framework for Navy veterans, their families, and their Command.

Status: Implemented

Lead: Deputy Chief of Navy

#### TARGETING

All Veterans, their families, and their Chains of Command

#### WHEN

Launched 2021

#### YOU GET

Empowerment to manage your own wellbeing and the tools that will support you to stay healthy.

## Benefits

The NPWP objective is to develop a process with three distinct outcomes:

- To support and encourage healthy living to remain employable and deployable (Stay Onboard – People First)
- Develop the ability of Navy people to work towards recovery and return to the workplace to continue to contribute to capability
- Enhance support for our people transitioning between SERCATs or out of Navy, with dignity and respect (in collaboration with the Joint Transition Authority)

## More Information

The NPWP website contains extensive member options at:

<http://www.navy.gov.au/wellbeing>

<http://www.drnet/navy/npwp/pages/home.aspx>



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Submit your feedback and questions:  
[navy.retention@defence.gov.au](mailto:navy.retention@defence.gov.au)



For more information visit:  
[navy.gov.au/stay-onboard](http://navy.gov.au/stay-onboard)