

FACT SHEET

Wellbeing & Family

Reinvigorate Sport in Navy

“Navy Sport: Sport for All” reflects a clear focus for organised sport in Navy encompassing the wide spectrum from grassroots to single service representative level participation across players, coaching, managing and supporters. Navy Sport is focused on championing opportunities and encouraging maximum participation across all ranks, genders, backgrounds, and experience levels, reflecting Navy’s diversity. Promoting Navy friendships, networks, wellbeing and resilience in a less structured environment.

Status: Work Underway
Lead: Deputy Chief of Navy

TARGETING

RAN Members

WHEN

2022-24

YOU GET

Improved physical and mental health benefits and increased work productivity

Benefits

- Navy Sport is for all. It is inclusive – conventional and adaptive, all experience levels (grassroots to single service representative) with all opportunities for all ranks and age.
- Sport is beneficial to physical and mental wellbeing.
- Regular participation in sport increases work productivity and promotes workplace team cohesion.
- Sport is safe. Injuries will occur, however significant injuries are less common.
- The health and well-being of Navy people is our greatest responsibility and highest priority and as such commands are supportive of sport participation and it will not adversely impact your career. Navy sport is part of business as usual. Time afforded is not letting yourself, your shipmates, or the Command down. Sport is not considered time off work.

Next Steps

- Promote awareness of the reinvigorated Navy Sport governance and leadership framework. Sport is a capability enabler.
- Increase awareness and participation in organised sport at the grassroots level as a business as usual activity, cognisant of operational demands.
- Increase engagement of Navy members in sport through the 11 Navy Sport Associations and grow the number of these associations.
- Increase the profile of Navy Sport and its grassroots to representative level pathways through effective media and communications at the tactical, operational and strategic levels.
- Complement recruitment and retention efforts by creating and demonstrating the opportunities Navy people have for participation in sport as part of their Navy careers.

More Information

To get involved with Navy Sport, contact the Navy Sport Cell navy.sport@defence.gov.au or visit Royal Australian Navy Sport on Facebook, ForceNet or our web page [Pages - Home](#)



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navy.retention@defence.gov.au



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