Two separate Navy "rescues" have saved a life and almost four million dollars a year.

The life was saved at the cost of a pair of trousers and the multi-million dollar cut-back in ship defuelling procedures was developed to allow a sailor to spend more time with his family.

Former master attendant Commander Bob Richards was the life saver white RAN Dewsbury shield winner Constable Dave Dryland was the man who developed the multi-million dollar saving idea.

**The Life**

For an eager civilian, male, CMDR Richards' woman's eye was the difference between life and death on March 31.

As Flag Officer Naval Support Command, Rear Admiral David Martin, inspected a pump room at No 6 berth Woolloomooloo during admirals' inspections, CMDR Richards noticed a man in difficulty under No 4 Woolloomooloo.

He left the admiral's inspection party and ran to the nearest phone to call the naval police. CMDR Richards then driven around to No 4 and jumped the fence, climbed under the wharf and pulled the exhausted man to safety.

Weakened by holding the man aloft, he was having difficulty getting him up the ladder. But then CMDR Richards' driver, Mr John Stevens, made it over the fence and helped drag the man up the ladder and to safety.

The man was taken to St Vincent's hospital where he recovered — but there was one casualty, CMDR Richards' long white trousers.

They were ruined by stains from under the wharf and he slipped into a pair of shorts before resuming the admiral's inspection party.

In presenting CMDR Richards with a commendation for his saving effort, RADM Martin joked: "I thought he was delirious in joining the inspection party in the wronging.

On a more serious note RADM Martin said CMDR Richards' quick thinking and initiative certainly saved the man's life and deserved recognition.

He also said he supported his claim for a replacement pair of trousers which will no doubt come in handy over the next two months in the south-west Pacific.

CMDR Richards took over as Commanding Officer of HMAS VAMPIRE on April 11 in preparation for his final deployment — to the south-west Pacific.

**The $4m**

Constable Dave Dryland is an ideal man with a multi-million touch. His most successful idea to date is a new ship defuelling system, developed while serving at HMAS WATERHEN.

Long hours spent in the fire and fuel party convinced the then able seaman marine technical preparations sailor that there had to be a faster way to defuel ships.

He was keen to spend more time at home with his wife and family.

With the help of another sailor he measured up and designed a new defuelling system that has the brass numbers estimating an annual saving, including spin-offs, of $3.5m a year.

CONST Dryland's idea came only months after rejoining the RAN. He joined in 1980 and served for six years in the engineering branch.

He then left for a 12-month stint as a civilian but rejoined and was posted to HMAS WATERHEN awaiting entry into the naval police.

This attitude has seen him develop the defuelling idea — which is before the Defence Suggestion Scheme for assessment of financial reward — and win the coveted naval police Dewsbury shield.

The shield is presented annually to the most outstanding naval police new entry.
History was made in January this year when the Australian Defence Force Academy commenced operations training midshipmen and officer cadets for the three Services under the one roof. 90 new midshipmen (including 25 females) joined 77 Second and Third Year midshipmen at the Fleet for Naval training.

Forty-one midshipmen embarked in HMAS JERVIS BAY during the period January 27 to February 18, 1986 for Single Service Training (SST).

This training cruise is the first and last time that midshipmen are given the opportunity to experience the many facets of a sailor's life at sea.

JERVIS BAY sailed from Sydney at 0300 on January 28, 1986, on her first sea log Darwin.

All midshipmen were allocated to part of ship (POS) duties and quickly received first-hand exposure to tending the ship's berthing lines and experiencing the frustration of having their white uniforms covered in grime as a consequence.

During the pit-stop out of Sydney, a number of midshipmen began to experience their first sampling of sea sickness occasioned by the pitching of JERVIS BAY as she proceeded through the revolved Sydney heads swell.

To enable the training programme to be carried out as smoothly as possible, the watch system for the midshipmen was divided into Port and Starboard and then further sub-divided into three watches.

All trainees received a familiarisation of departments onboard, with training being aimed at achieving the objectives laid down in the Junior Naval Command Course (JNCC) Cruise Guide.

Many of the training objectives were achieved during routine activities such as PWC, Watchkeeping, Watch on Deck (WOD) and Duty Watch.

Trainees were allocated to departments by watches with each department being responsible for co-ordination and regulation of their employment to achieve the programmed training objectives.

During their port days, the midshipmen were involved in a duty watch system which included amongst other things, being a midshipman of the watch on the Paget way, a Wharf Sentry and a Duty watch acting as the Duty Senior Sailors under him.

The leave granted to midshipmen Darwin and Singapore was, for most, their first visit to either port and all made the most of their time accordingly.

Duty free shopping seemed to consume most of their time in Singapore with the exception of the time of the island organised by RAMO and the traditional Singapore sling at Raffles.

To emphasise the joint service nature of academy training, the midshipmen were returned to Canberra by the RAAF in a comfortable RAAF flying boat.

During the second week at CRESWELL they completed a three-day Sea Survival Course which included a helicopter wet winch, boat work, sailing and a sea day on HMAS VAMPIRE.

The two-week period culminated in each midshipman selecting his or her specialisation and degree course.

All midshipmen agreed that the single service training was an excellent introduction to the RAN and thoroughly justified their choice of Service.

All midshipmen returned to their choice of academy by February 24.

A further week of common military training was undertaken which culminated in a parade and a family weekend on March 5.

The parade, the first ceremonial parade conducted at the Defence Academy, was reviewed by the Chief of the Defence Force, General Sir Philip Bennett.

The parade and weekend were both most successful and painted the way to the academy concept proving a huge success.

Join the Navy to see the world, or is it an Ansett Travel Centre.

For all your travel needs see the Ansett Travel Centre at Oxford Square. Every Friday morning that your ship is in Sydney one of our travel experts, Margaret, will attend to all your travel needs from the coxswains office on board the ship.

On any other weekday Margaret can be contacted on 268 1554 for all travel including leave, holidays, international and Australian travel.

The Travel Centre is open Monday-Friday 0830-1730 and Saturday 0900-1200.

A taste of survival training for MIDS Christine Corwell, Raymond Evans and Rodney Brown - with assistance from LS Trevor Calle.

WARM FUZZIES—COLD PRICKLIES

Chaplains Corner...

What about you? or it?

I suppose if the truth were known it is not a matter of either or but rather both!

That is sometimes we are like a warm fuzzy and sometimes (too often) we are like cold prickles in our relationships.

What would your heavenly Father say about this subject?

If we looked at the Ten Commandments (Exodus 20) in the terms of the title then the first four that speak about our relationship with God and the last six that speak about our relationships with each other encourage us in no uncertain terms to be "warm fuzzies" rather than cold prickles.

In the New Testament parallel to the Ten Commandments the Sermon on the Mount (Matthew chapters 5-7), Jesus calls us to a life of humility of peace-making (as in our 75th anniversary year of "pro-servning peace"), to a life that is rich in good works, to a life of purity and sanctity, to a life of mercy and compassion of relationships with the opposite sex, of simple and pure speech and of love to all caring those we count as our enemies.

Are you a "warm fuzzy" or a "cold prickly" a group of ladies who one day at a meeting in Dunong, NSW.

We are members of the Royal Australian Naval family—whether we be on ship or shore— at home or on the road, we are members of the Royal Australian Naval family—whether we be on ship or shore— at home or on the road.

The leaves granted to midshipmen Darwin and Singapore was, for most, their first visit to either port and all made the most of their time accordingly.

We are members of the Royal Australian Naval family—whether we be on ship or shore— at home or on the road.

Let us all in our 75th anniversary year be a "warm family" rather than a "cold prickly" in our relationships with others and we will be truly "preserving the peace".

Every blessing from the Chaplains of the RAN in this our 75th anniversary year.

The RSL, founded in 1918 to wounded from Gallipoli, now has 370,000 members in 1549 sub-branches throughout Australia and overseas with 25,000 in women's auxiliaries and 50,000 youth club members. The objects for which the League was founded, still part of the platform of the RSL, are to:

- perpetuate the close ties of friendship created by military service;
- preserve the memory of those who died;
- provide for the wounded, sick and needy;
- incultate loyalty to the Nation;
- guard the good name and interests of the Defence Force;
- encourage the unity of the British Commonwealth; and
- promote the defence of Australia.

All who have served for 6 months in the Defence Force are eligible to join.

Help us to continue our work into the future!
Defence slams Dibb Report speculation

The Australian Defence Force has slammed a full-page advertisement appearing in major national newspapers on April 2 as totally misleading and causing undue speculation among Service personnel.

Headed “Thank you to the Gentlemen. Your Services are no longer required”, the advertisement related to an article appearing in the latest issue of the “Bulletin”, claiming an exclusive on a “secret report”.

The Acting Chief of the Defence Force, Lieutenant General Peter Grattan, said the “advertisement is totally misleading.”


“The Dibb Report, like Government policy, was based on the assumption of Australia’s need for a self-reliant defence policy, the Australian Defence Force capability would need to be strengthened.

“The fact is, the Report contemplates no substantial change to the size of the Services,” General Grattan added.

The Dibb Report has just been judged and has not yet been studied in detail by the Government. “A public version will be released in the near future for public debate,” he said.

“Any changes recommended by the Report will have to be considered and approved by the Government before being implemented.

“The Australian Defence Force encourages interest in the defence of Australia by the public at large and considers that advertising such as that appearing today does little justice to logical public debate,” General Grattan concluded.

DEFENCE ESTABLISHMENT REFORMS

The Minister for Defence, Mr Kim Beazley, has had discussions with ACTU and union representatives on Federal Government intentions to rationalise the operations of Williamstown Dockyard, Government Aircraft Factories and Garden Island Dockyard.

“These establishments have a long history of valuable contribution to Australia’s defence effort,” Mr Beazley said.

“However, during the past decade staffing arrangements have developed and work practices have arisen resulting in excess costs. “Management and industrial practices have not kept pace with the Government’s major capital investment in all these establishments.

“As a result, productivity has fallen and heavy subsidies have been needed.

“This has been a serious strain on the Defence budget.”

Mr Beazley’s department and the Public Service Board will be consulting with the ACTU and the unions concerned as assessments of staff needs now and in the foreseeable future.

“This surplus staff cannot be redeployed to other parts of Defence or elsewhere in the Public Service, retrenchments will be necessary,” Mr Beazley said.

New RAN launches

Tenders are being called for four modern survey launches for the Royal Australian Navy. The Minister for Defence, Mr Kim Beazley, said the launches would be used to update existing naval charts of north Australian waters.

After acceptance, the launches will be based at Cairns.

Their first task will be to help update charts of the Great Barrier Reef.

Lovely Melinda Kirkwood chose her personal star-sign “Leo” for the new swimsuit made for her recent birthday. (Picture by NSW PA)
Tony’s odds on to put the bite into retirement

An era will come to an end on May 1, 1986 when Warrant Officer Tony Oates retires from the Royal Australian Navy.

Tony joined the Navy from Brisbane, in September 1961 and is the last of the old guard of dental senior sailors who go back to the halcyon days: pre-Reutlers, pre-Vietnam, pre-R and Q, pre-group pay, pre-bashmasters etc.

Tony remembers those days well: “Ah yes,” he reminisced at his suburban eastern suburbs penthouse, “When I joined Pussers, Roy Orvisan was the smoothest blade around, Johnny O’Keefe was on his third nervous breakdown and Bette Davis was a no show. Her hair was only dunked by new Australians, all poker machines were mechanical and an enterprising fellow could run a book with virtual impunity.”

So began Tony’s career in the RAN, serving firstly at HMAS CERBERUS where his racehorses were at arm’s length outside the wopal. After a few wins, namely the Melbourne Werler and the Yack Track Stakes, his Ford Prefect was shot at in Victoria’s 1967 "Trinac".

Tony is accompanied by his wife, Sue, and two young children and lives in Spenigal Gardens estate, Nenang, near Mooroolbark. He served in Singapore on January 6 for a three-year posting. John received his warrant officer’s commission from the defence adviser to the Australian High Commission in Singapore, Colonel T. Holland.

Naval News has had the occasional request for a male pin-up... here’s our first, the retiring Tony Stanley.

Tony’s regular donations to the poker machine industry have gone largely unheralded. He gives without saying that the Knutt, Muddin and N杯子 Companies and Jack Rocklyn would not be where they are today without Tony Stanley’s long-term help.

When asked if he had advice to junior sailors who aspire to greater heights, Tony put down his Jim Beam, removed his Vyes Saint Laurent sunglasses and replied laconically: “Two things must always be remembered, firstly odds on – look out, second in the wet – don’t bet.”

Farewell Tony.

Tony and friend.

NAVY PERSONNEL and auxiliary staff...

If you are a subscriber or receive this magazine regularly, you are entitled to a genuine discount when you present this advertisement at any of our branches. Take advantage of the large range of new vehicles through Lanock Motors, including: SUBARU 4 WD, Sedans, Coupes and Thrifty Sherpa, HONDA Prelude, Accord, Civic and Acty; LANCIA Coupe and Hatchback; FIAT Superbrava and Argentea; RENAULT Fuero, 20TS; and a full range of luxury AUDI! Ask about our huge savings on ex-Company Executive cars. Contact your nearest branch or phone 438 1777 and ask for Ann the sailor’s friend.

TONY and friend.

NAVY NEWS, April 18, 1986
Tension exercise finishes

An international exercise designed to test procedures for the control of merchant shipping in times of tension ends today.

Named Exercise Minx '86, the exercise involved the Royal Australian Naval Reserve in all capital cities and the ports of Newcastle, Port Kembla, Port Hedland and Cairns.

During the exercise, reserve officers aboard merchant ships of participating nations were called on to plan and procedures to control the movement of merchant ships in times of tension. Helicopters were used to boost selected ships at sea.

CO home for tea

After 36 years' service in the RAN, Commander R. B. McNair has retired.

"It will be the first time since I've known him that Tuesday night will not be devoted to reserve training," said his wife Mavis.

CMR McNair joined the RAN on March 5, 1960, and has served in six national service training tours that year, having previously found himself in service in the time.

He assumed command of Brisbane Port Division on January 1, 1986, after having served as commandant of the co-ordinator of the time. He has assumed control of the RAN and is scheduled to be active until 1985.

In line with its 75th anniversary, the RAN will be given pride of place in this year's ANZAC Day in Sydney.

Leader of the 1986 ANZAC Day march in Sydney will be Rear Commodore G. R. Griffiths (Retd), and the leader of the Navy section of the march will be Rear Admiral A. J. Roberts (Retd) and his wife will be Captain W. Cook, RAN (Retd).

The Naval Association of Australia extends an invitation to all serving members of the RAN in the Sydney area who do not march with a particular ship association to march under the Naval Association banner.

Those wishing to march should assemble at the corner of Pitt and King Sts, Sydney, at 0900 on Friday, April 25. The ANZAC Day dawn service is scheduled for Martin Place at 0840 on April 25. Guest speaker will be Flt Officer Naval Support Command, Rear Admiral Martin.

Senior sailor changes ahead

A new training policy on management training for senior sailors begins on July 1, 1986.

Management training, in the form of a four-week senior sailor management course (SSMC), will be undertaken by all sailors as an integral component of Advanced Category Courses (see technical personnel), phase four courses (technical personnel), or before promotion to officer for personnel not covered by advanced or phase four courses.

From July 1, 1986, the SSMC module will be undertaken at the discretion of the sponsoring school, before, during or after an advanced or phase four course.

The SSMC will be conducted at HMES CERBERUS and at NAS KOWRA for AT Categories as required.

All personnel completing the SSMC, as part of another course or separately, will be awarded the EPD qualification RM340 (previously petty officer leadership course).

For the enhancement or post SSMC graduate phase of management training the management school, HMES CERBERUS will provide a nominal series of one-week management training workshops in Sydney, Canberra and Melbourne areas, and an annual series in the Perth, Darwin and Coffs areas.

Workshops which can be arranged by the management school in conjunction with direction by Area Commanders are: Divisional workshops: Divisonal workshops are one day long and normally run in conjunction with a counselling skills workshop. The aim of the workshop is to enable senior sailors to be more active in the divisional system and update the knowledge of divisional staff. They will also introduce local helping agencies such as Chaplains, social workers and psychologists.

Counselling skills workshops: Counselling workshops are one-day and will normally follow a divisional workshop for those actively involved in the divisional system, especially those who need practice or refreshment in counselling.

Staff skills workshops: Staff skills workshops are hands-on and emphasis practical staff skills, beginning with writing and go on to look at information gathering and organizing.

Anzac pride to Navy

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Freedom marches

On Palm Sunday, 108,100 marchers took to Sydney's streets for the International Year of Peace march.

This much publicised event was preceded by 24 hours by a parade that was small by comparison but no less impressive - the first tri-service freedom of entry to the city of Parramatta.

The parade stepped off at midday from historic Parramatta Park at Saturday morning shoppers gathered in George St to witness the event.

The tri-service formation was led by Commander R. B. Old,Commanding Officer HMAS PARRAMATTA, followed by Lieutenant Colonel G. J. Mcintyre, Commanding Officer 1/15 Royal New South Wales Lancers and Wing Com­ mander G. B. Weeks, Officer Commanding 38 Squadron RAAF.

CPOOCD J. D. Ashby, HMAS PARRAMATTA ser· cer, was accompanied by Armoury personnel from the far east and fellow immediately behind the unit Commanding Officers.

Each unit was then represented, in the order of RAN, Army, RAAF, by a 50-man guard and a 10-man unarmed platoon.

After satisfying the traditional challenge by producing the freedom of entry scroll the parade then exercised freedom and privilege so bestowed by marching through Parramatta.

Naval workers

Tradition was maintained when the Commanding Officer HMAS PARRAMATTA, Commander Henry Ltd, presented a replacement freedom scroll to the Commandant of the Joint Services Staff College (JSSC) in Can· berra, Air Commodore Fred Freeman.

The new scroll was commissioned by Com· mander Mike Carrel, a member of the directing staff at JSSC, to replace a "well worn but worn well" scroll of deteriorate vintage.

JSSC held presentation ceremony. (Left to right) GCAPT K. V. Griffin, senior course member, CDR B. J. B. Martin, Executive Officer HMAS PARRAMATTA, COL P. L. Mclnnes, director of studies JSSC; CDR M. J. Curl. Navy directing staff JSSC: AIRCDBE B.P. Freeman, Commandant JSSC.

KOOKABURRA had an interesting history. She was the first specially-designed boat building vessel in the RAN.

KOOKABURRA was at Darwin during the Japanese air attack on February 19, 1942. On that occasion she was acting as an anti-aircraft vessel and sustained some damage from enemy bombs.

She paid off finally in 1958 and was laid up in reserve. She was placed on the sale list and was sold by public tender closing in 1969. Subsequently she was towed to Balmain Bay, Sydney, to be broken up. On Saturday, February 23, 1967, at the ship-breakers yard, she developed a list to starboard and sank at her moorings in shallow water.

She was raised during February and March 1970 and subsequently towed to and sunk. KOOKABURRA's bell is still in active service at JSSC and is used to signal program events.

LAUGH FOR THE FUTURE!

THE HMAS PARRAMATTA guard led by Lieutenant Commander Fokkes RN during the freedom of entry.

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NAVY NEWS, April 18, 1986 (89) 5
A decade for Kings

1. The HMAS ALBISTON, a guided missile frigate, has been commissioned into the Royal Australian Navy's Fleet. She was commissioned by the Governor-General, the Duke of Edinburgh, during a ceremony at Garden Island, Sydney.

2. The HMAS ALBISTON is a pinnacle of naval technology, equipped with advanced systems and capabilities.

3. The HMAS ALBISTON is the largest vessel to be commissioned into the Royal Australian Navy in recent years.

4. The HMAS ALBISTON is one of the most advanced frigates in the world, equipped with state-of-the-art technology.

A GOOD BUZZ FROM HMAS WORT.

She's a Bottle Bungy!
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If you're out at sea when it comes to financial planning for your first home, about time you discovered Targetsaver. Targetsaver is IOOF's high yielding, flexible savings plan available from Verified Financial Planning Group.

VSP have dealt with Navy personnel for ten years, so they really understand your requirements.

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So if you're considering purchasing a home in the future, you'll already know that your Defence Services Home Loan of $25,000 is hardly enough for a house.

You'll need more and Targetsaver can provide it.
**Our first military adventure in Asia**

Bluejackets and Boers by Bob Nichols, Alan and Uwe von Auers Australian Eds. Reprinted by Kevin Cochrane

Bob Nichols inclines to a rueful smile and his eyes convey a shrewd but mischievous gleam.

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**LATEST IN BOOKS**


Chief Petty Officer Writer Jim Atkinson’s new book, obviously the product of many years of painstaking research, is a delight to read. First up, to get the technical aspects out of the way:

The book has a good feel to it, in that the size and feel are about right. Unfold the design work, by which I mean the layout of the pages, size and face of type used and weight of paper, come together in a warm harmony.

Normally, this aspect of the production of a book is left to a professional, but in this instance the author has been responsible for virtually the whole of the work, with very creditable results. The first few pages of text are taken up with a brief account of the activities of the Royal Australian Navy in the World Wars of 1914 to 1919 and 1939 to 1945. This serves to provide the reader with a valuable framework with which to approach the majority of the contents of the book.

These are lists of the officers and sailors of the Royal Australian Navy who were the recipients of honours and awards in these two World Wars. In the lists are the recommendations on which the awards were made, and, where these have not been available, the citations which appeared in the London or Commonwealth of Australia Gazettes. (The Gazette is the normal method by which these awards are announced). A study of the lists, in particular those of the Second World War, is a sobering experience.

Several of the exploits and episodes of four years of fighting for which some of the participants at least received official recognition need no mention — such as actions in the Mediterranean in the crucial stages of the war and, later, the operations in New Guinea, the Philippines and Borneo and the battles in the North Atlantic and Leyte Gulf.

What the book reminds the reader of is that though those aspects of naval warfare long forgotten which seldom seem to feature in the official histories — presumably because there was no news-worthy aspect to them — possibly, because senior officers weren’t immediately involved — I have no mind for example the awards of the George Cross and George Medal, in some instances more than once, to naval men who were responsible for rendering enemy mines safe, and whose story remains unrelieved by a great extent.

Another facet of awards which emerges from the lists is the number of men from the Royal Australian Navy who achieved recognition for their work while in the service of either the Royal Navy or were given awards by foreign governments.

In the latter case it is interesting to see how many of these awards, often for actions which appears to be for acts of outstanding bravery, seem to have gone unrecognized in this country.

Jim Atkinson is an orders and medals expert and his book has been designed primarily for others in his field.

The publishers, Spink and Sons, are probably the world’s best-known dealers in medals and honours.

Each aside, by bringing up the publication of this important study, are to be congratulated on reminding us of the activities of our predecessors and the official recognition of their achievements.

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**ANNOUNCE THE PUBLICATION OF**

**By Skill and Valour**

Honours and Awards to the Royal Australian Navy for the First and Second World Wars.

JAMES J. ATKINSON

Released in conjunction with the seventy-fifth anniversary of the Royal Australian Navy, "By Skill and Valour" lists for the first time, the original recommendations and official citations for brave conduct and honours awarded by Allied Governments are shown, together with other honours awarded including Coronation and Jubilee medals and long service awards.

By Skill and Valour is printed in a limited edition of 1000 copies with 244 pages of text and illustrated with thirty-two photographs. Available in both hard and soft bound covers.

---

It may well be imagined, and Nichols brings all this out, the difficulties of controlling this disparate mob involving arrogance, vanity, pomp, circumstance and belligerent cruelty.

Bob Nichols with dexterity, evocative pictures of Australians, others, ships, local colour, index bibliography, uses an ironic sense of humour to portray the first Australian involvement in an Asian adventure and the first definitive story of the Australian naval reserves' role in North China at the time of the federation.

The Son-in-law Carlisle's Ship PROTECTOR from South Australia took part in the operation, fired two guns in anger and ended up shifting people from one part of North China to the other.

The Victorian and New South contingent departed from our shores in the Aberdeen Line's SALAMIS, requisitioned by the British Admiralty.

They had their share of bungling, policy and local government dates.

They did come home with a swatch of souvenirs, including a liao-foo Chinese ornament in eighteenth century spirit — but they did not see much in the way of action!
What future for Wills Cup?

The future of the W.D. and H.O. Wills Cup Golf Competition in NSW is looking grim.

A trophy which has been the pinnacle of NSW golf for over a quarter of a century is in danger of collapsing in Cheetham's "Voluntary" 1978 golf trophy cabinet.

Golf, one of the few sports where "Alices" can "beat" "Admirals" and live to tell the tale in is danger of becoming "cheesed off" altogether. After two rounds of the 1986 competition one established player had to face the fact of four players having been good enough to achieve a match. Two rounds of the 1986 competition for similar reasons.

I recently observed two golf tigers, one with 48 starters and the other with 15.8. But for reasons unknown, the former is setting seven, or the former seven, or the former seven.

The last two open days saw a total of 35 players batting it out for recognition in their respective grades, maybe they only participated because of the large number of trophys.

There are currently six teams participating in Wills Cup Golf, a total requirement of 45 players, yet the 1986 inter-service selection trials saw nominations of 35 players with hundreds of handshakes and hugs below.

The Wills Cup Competition, something that has made it compulsory for teams to have representatives from all three grades, is included in the tournament program and including the beginners and the bigger boys.

Maybe it's the two golf organisations NSW RAN and NSW RAN Cup who would surely promote the sport at all levels, with all common goals, Navy golf! As you are our main source for "Dead and Buried" retraction is tricky business.

With Harry James

Navy has won the inter-service cricket in Western Australia, played at Eller Park, Midland.

Due to an administrative oversight Army (who hosted the competition) failed to turn up to the first day's match against the RAF. Therefore, the RAF was on forfeit.

The following day Navy played Army. Navy was skilled for just 71 and then Navy's Paul Sallyman (24) and Bob Allen (17) made light work of getting the required 71 to victory, the Navy winning by 10 wickets.

Navy bowled and fielded brilliantly during Army's innings. "Spud" Murphy led the attack taking five for 39 from his 10 overs.

It was well supported by light, accurate bowling from bowlers, Frank Johnston, Andy Terrance and spinner Nick hourly.

Navy opened their innings at 7 for 1 according to the match. Gunnel batted well for his 61 not out and the home team's first century and the bowlers found valuable assistance from Alexander, who never looked troubled by the Army attack.

The showboat for the crown between RAF and Navy proved a thrilling contest. RAF batted first and was quickly in trouble in the bowling of Murphy. He took the first three wickets to fall including a wicket caught and bowled to a Greg Murphy.

Big fast bowler Alex Forgie then ripped through the middle and tail order taking four for 14 to roll the RAF for 89. Wicketter and captain `Robbie' Robertson turned up in a top form to stomp his excellent catch.

RAF intervened half way through the RAF innings and the game was reduced to 20 overs.

Gunners Ferry and Bob Alexander again Navy got off to a good start before losing their openers. Halfway through their innings, flown, Blackwell saw G.P. that was 13 when they departed for 11.

A collapse then followed and Navy was seven for 24 in 16 overs.

Navy was in further trouble when Frank Johnston was caught behind. To put one into the near sea River and Navy was seen for 89. Fred Humphry, their only recognized batsman, was left at the crease. But a well educated edge through third slip from Murphy was three from the strike and the game was beyond doubt. Dunn finished with a steady 30 no and Navy right for 106.

It was a well deserved win for a very keen and talented Navy side.

Congratulations to the following for making the Combined Services team: "Robbie" Robertson, G. F. Gunn, Frank Johnston, "Spud" Murphy, "Bobby" Clarke, Alex Forgie and "Spud" Murphy.

NIRIMBA ATHLETES SHINE

SMAS NIRIMBA recently provided a strong team of more than 100 players and officials to contest the 1986 Apprentices Inter-Service Summer Sports Competition at the Army Apprentice School at Lethbridge Barracks, Bowno, Victoria.

Although Navy only managed a third in the overall points tally, behind Army and RAF, many of the numerically inferior and younger NIRIMBA athletes performed extremely well.

The Badminton team (which is comprised entirely of Royal Malaysian Navy trains) completely outclassed Army and RAF by winning both rounds 74 to cline the trophy.

The athletics team also enhanced the reputation it set earlier this year. SMAS NIRIMBA Athletics Championships by winning eight of the 11 events contested, including the shot put (won by Apprentice N. A. Keating), the javelin (won by Apprentice D. Mathews), the 100m sprint (won by Apprentice T. M. Allen), the 800m relay (won by Apprentice W. K. Brown), the 1500m relay (also won by Apprentice T. M. Allen), the 400m relay (also won by Apprentice T. M. Allen) and the 400m relay (also won by Apprentice T. M. Allen).

The team tied with Army silver medalists.

The golf, tennis, swimming, waterpolo, cycling, cricket, squash and touch teams did not do quite as well as the badminton and athletics teams but they have discovered some considerable talents in their midst such as Apprentice T. M. Allen, Apprentice W. K. Brown and Apprentice T. M. Allen, who are expected to provide a strong basis for better results next year.

The Navy story was one of success in a number of the teams and reflecting the true spirit of SMAS NIRIMBA.

What future for Wills Cup?

The future of the W.D. and H.O. Wills Cup Golf Competition in NSW is looking grim.

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A sparkling start for Colts Rugby

The Navy Colts Rugby side has started the 1986 season in promising style. A squad of 36 players recently competed in the NSW Country Under-21 Carnival at Smithfield in Sydney's west and finished a creditable fourth overall. The carnival proved a good measure of the side's potential.

Day one saw the Colts run out for their first game against Mid North Coast. The match started off dramatically and then Navy went on to run in four tries. The final score of 36-0 was a good start to the proceedings.

From the kick off the Newcastle team showed it had the skills and the size. The first half ended with the score three-nil Newcastle's way after some gutsy defence and hard running forward play by Navy. In the second half Newcastle proved too good and ran in three tries. The final score was 10-0.

The next match was Navy versus Hunter Valley, and again the opponents had a size and weight advantage upfront.

Navy's Colts in action during the NSW Country Under-21 Rugby Carnival at Smithfield in Sydney.

After letting Hunter Valley run in a soft converted try, Navy decided not to let in any more. A few minutes later Hunter Valley failed to put in a penalty kick out and Mark Tennant with the ball fed forward with the rest of the forwards and put winger Barry O'Connell on to try a try-busting run.

Score: Hunter Valley 6, Navy 4. Shortly after Hunter Valley kicked a penalty which made the score 9-4.

Then, with two successive penalties, fullback Andrew Kough dropped two beautiful goals to put Navy in the lead 13-4.

The game finished a few minutes later with the Navy forwards driving the opposing pack 20 metres up field.

Final score: Navy 18, Hunter Valley nine.

The Colts had beaten the runners-up of pool D and were now in the finals to play off for third place with Western Plains. With Sean Mole's Ill last that evening, the team's capability to play the next day was severely tested. However, as I put on Saturday, a much depleted Navy Colt team rolled up for his round three.

Unfortunately, the side was severely hampered by the loss of second rower, John Cunningham and Tony Rosander, who had been ruled out by injuries in earlier games.

Western Plains had the upper hand in the forwards from the beginning and a few lapses in Navy's defence allowed them to score a try about 30 minutes into the first half.

The rest of the game was a scrappy display by both teams with no great moves.

Western Plains scored a second try with a few minutes to go and the score remained 8-nil until full time.

At the end of the carnival the Colts had finished fourth in a round-robin competition of twelve sides. Not a bad result for a group of sailors most of whom had come straight off their ships.

There has been little news from the N.T. But I believe both Ausgie Bacon and Rugby teams won their respective inter-service. Aus CPO Barry Leary and road Cycling coach Chris Cummins. Ken has had many successful years in his reign as coach and last time I saw him his enthusiasm for the job had not waned as I can only guess there is something else in the pipeline, may be the ASHU job!

For all members of the Navy Running Club or personnel wishing to be a member, they can now contact the Navy R.C. recorder at HARMAN. If you want your kilometres logged, just send in the name of the run, date and distance to ABDE Hansen, CO-ATD HHM 1640 ALBATROSS, Nori 2418, then you can be awarded a badge for either 100, 500 or 1000 km marks.

1. Distance is important, time is not;
2. Select a distance to suit yourself;
3. Have that distance four or five times a week;
4. Start slowly to warm up;
5. Increase your distance only when you are ready;
6. Use your heart recovery test as a guide to slow down or speed up;
7. Give yourself variety;
8. Don't strain yourself or compete against people or time;
9. Always enjoy your running;
10. This program is for everyone young, old, male or female.

We'll see you on the running fronts.
Chris Cummins new Rugby coach

HMAS NIREMBA POPTI Chris Cummins is the Navy Rugby coach for 1986. Chris takes over from the successful 1985 coach, Warrant Officer Ian Miles. Ken did not stand for the position this season but it is understood he has an excellent chance of taking over as coach, replacing Army's Corporal Peter Ash.

For the past two years PO Cummins acted as assistant coach to WO McIlwaine. Chris brings with him a wealth of experience, both as a player and coach. He has played the sport since entering the RAN nearly 15 years ago - at all levels. He represented Navy and ASRF from 1976-84 and played for Victoria in 1982. He also played first grade with Sydney club Western Suburbs for three seasons.

In the coaching arena he has had successful stints with NIREMBA, CERBERUS and Destroyer Ranges.

Unfortunately, a severe knee injury forced him out of football last season but this year he is back on the field at the helm of the NIREMBA A team.

An assistant coach this year is ALBATROSS No.8 J. C. Campbell.

In the second round of the Dumper Cup Rugby on Wednesday there were no points amass on PUPPET'S WHEN chumped WATSON to the tune of 34-8. NIREMBA B easily beat PENGUIN 54-6; but ALBA­TROSS just scraped home over 1985 premiers CERBERUS 45-12. A last-minute try gave "TROSS" victory.

In the first round NIREMBA A beat NIREMBA B 35-6; PLAYS/WHEN KUTTUBUL 19-6 and ALBATROSS won on a forfeit from PENGUIN.

WATSON and NIREMBA B have had byes. Chris Cummins (top left) has brought NIREMBA Teams to make the 1986 Dumper Cup semi-finals. Chery seen both teams boast a wealth of talent.

The A team was last year's minor premier and championship favourite till upset by fourth placed KUTTUBUL in the grand final. Though held to just 30 all at halftime in their first-round match against NIREMBA B, it finished strongly 25-8.

The B's had a man sent off after a head charge against centre Allan Jones, who was spelled from the second round match against ASRF.

Lake KUTTUBUL, the season appears to have promised a tough one for the Salamander team. PENGUIN could muster just 18 players in rounds and had to forfeit to ALBATROS.

While NIREMBA looked smart in new uniforms (all numbered); PENGUIN took its field in black jumps (the traditional red and white ones weren't ready).

PENGUIN started with just 14 players, with two divers arriving later asking if the 9th man would be over.

Cummins continually drove PENGUIN into its own quarter with legs, kicking pace.

His mobile backrow, including new outside-half Yvon at No 2 and Teddy Laatham at No 8, were quite devastating.

NIREMBA ran in seven first half tries to lead 34-6 but was held to three in the second half to run out 44-6 winners against an often-spurned PENGUIN defence.

Cummins retired late in the match with a head knock.