

FACT SHEET

Proactive Navy People Wellbeing Program



The Navy People Wellbeing Program (NPWP) team has been established to coordinate existing support services and develop a sustainable infrastructure to ensure easy and direct access to both services and information through a holistic framework for Navy veterans, their families and their Command.

The NPWP objective is to develop a process with three distinct outcomes:

1. To support and encourage healthy living to remain employable and deployable (Stay Onboard – People First)
2. Develop the ability of Navy people to work towards recovery and return to the workplace to continue to contribute to capability
3. Enhance support for our people transitioning between SERCATs or out of Navy, with dignity and respect (in collaboration with the Joint Transition Authority)

NPWP website contains extensive member options at:

- www.drnet/navy/npwp/pages/home.aspx
- www.navy.gov.au/wellbeing

ACTIVITY TIMELINES – MILESTONES

- Tasks Allocated: Ongoing
- Plan for BAU: Apr 23
- Update to Community: Via Divisional Meetings and Communication Roadshow
- Handover to BAU– Target Date: 15 Dec 23

ACTIVITY OUTLINES- KEY ACTIONS

- Action 1: Wellbeing Portal. **Action: DNPWP COMPLETE**
- Action 2: Wellbeing Hub. **Action: DNPWP**
- Action 3: Welfare Board Policy. **Action: DNPWP**
- Action 4: Fitness Model. **Action: DNPWP, DNH**
- Action 5: Divisional System Evolution. **Action: DNPWP**
- Action 6: Transfer to BAU Dec 23. **Action: DNPWP**

LAUNCHED

2021

WHO

All Veterans, their families and their Chains of Command

YOU GET

Empowerment to manage your own wellbeing and the tools that will support you to stay healthy